

PERSONAL BUSINESS COACHING AGREEMENT

On a scale of 1 to 5 (1 being low 5 being high) how committed are you to moving up in your business?

What do you enjoy most about your business?

Where do you feel confident and strong in your business?

What goal would you like to achieve by _____? (3 months from now)

What goal would you like to achieve 3 months after that? _____

Is there anything that might get in the way of you reaching these goals? If so, what would it be

How many sales presentations are you willing to do each week?

How many share calls / Interviews are you willing to do each week?

Please fill in the information below to commit to this coaching session

I, _____, understand that by agreeing to this coaching session that I will respect my Director's Time. I agree to call my director on the day & time that we have scheduled for my coaching call. I agree that if I miss calling her at that time, I will forfeit my call that week. If I miss 2 weeks then I will forfeit my coaching call to someone else. I agree to turn my prep sheet in 2 hours before our coaching session. I understand that if I choose to not turn my prep sheet in by the deadline that I forfeit my call for that week. I agree that If I miss 2 weeks of not turning my prep sheet in, then I forfeit my coaching call to someone else. I also agree that when the time comes that my director says, it is time to start doing the Activity each week that I set for myself that I will meet my Activity Goal and If I miss 2 weeks of not doing the activity I forfeit my coaching call. I agree to attend unit meetings each week. (short version - You can miss one time for not turning in prep sheet OR one time for not calling me, etc.. 2 times you forfeit your coaching call)

I agree to give her my undivided attention during the time selected. I will choose to believe that my director is stretching me not sabotaging me. I agree to be teachable, coachable, and WILLING to do the work it takes to move up the career path.

Type/Sign Name on line above